



## Langley Fundamental Elementary School

21789 - 50 Avenue, Langley, B.C., V3A 3T2  
Phone: 604 530-9973 or Fax: 604 530-3819

Langley Fundamental Elementary website: <http://www.sd35.bc.ca/schools/lfe/default.aspx>

School District #35 (Langley) website: [www.sd35.bc.ca](http://www.sd35.bc.ca)

**Principal: Mrs. Deah Paton**  
**Vice-Principal: Ms. Dunja McCrae**  
**Administrative Assistant: Mrs. Tricia Mein**  
**P.A.C. President: Mrs. Tamara Johnston**

**Date: Thursday, March 10, 2022**

### Dear Parents:

Thanks to everyone who attended our student-led conferences yesterday and today. What a special opportunity for your child to share their successes and accomplishments with you. If you were unable to attend, a work portfolio can be sent home for you to go through with your child at a later date.

I'm sure that you have heard about our new gaga ball pit. It has certainly been the centre of excitement on our school grounds this week and it seems to attract a large amount of spectators too, so it's been lots of fun. Thanks parents!



As we approach our spring break I wish all of our families a relaxing and safe Spring Break, whether you stay close to home or travel is part of your plan.

### Reminders for Parents

[Budget Consultation 2022-2023](#)

*Want to have your say on the District's budget for 2022-2023? The Langley School District is inviting students, staff, parents/guardians, and all members of the public to*

take part in its Budget Consultation 2022-2023 by completing this 5 minute survey [here](#) or providing feedback by email to [budgetconsultation@sd35.bc.ca](mailto:budgetconsultation@sd35.bc.ca). **All survey and email submissions will be accepted from March 7, 2022 – April 5, 2022.**

The data gathered will help provide our District Leadership staff and Board of Education with information needed to make decisions impacting education. The District is sharing videos and an infographic located on a webpage which may be helpful to you. For more information and translated versions of the survey, visit our District webpage [here](#).

## Learning Commons News

### Langley Book Of The Year

Congratulations to Cohen H., and Ryleigh S. for qualifying for our celebration lunch in May. So far, we have had 16 students in grade 4 & 5 who qualify, but there is still time!

### Reading Link Challenge

We are continuing to meet weekly in preparation for the in-school challenge. The in-school challenge will take place on Monday, April 4th from 10:30 – 11:15 in our school gym. Parents are welcome to attend, but we ask that one parent attend per student. The winning team will then compete on Tuesday, April 12th in the Langley Challenge against other Langley schools in a virtual competition.

## Upcoming Events

Thursday, March 10	Early dismissal at 1:30 pm/Student-led conferences.
Friday, March 11	Last day prior to Spring Break
Monday, March 28	Schools reopen

## House Points

	Crazy hat/hair	Total
<b>Canucks</b>	462	2617
<b>Canadians</b>	452	2588
<b>Whitecaps</b>	474	2737
<b>BC Lions</b>	463	2788

Our next spirit day is on Friday, April 1 - backwards/inside out day!

## School Goals

Our three goals this year are: kindness/compassion - responsibility - perseverance/grit. Here is the next segment (website <https://www.psycom.net/build-resilience-children>) with many useful tips for building resilience (grit) in our kids.

## Home and School Working Together for Student Success

## **Promote the Bright Side—Every Experience Has One**

Optimism and resiliency go hand in hand. Some kids may appear more naturally optimistic than others, but optimism can be nurtured. If you have a mini pessimist on your hands, acknowledge the feelings that lead to pessimistic thinking and teach your child to reframe his thoughts to find the positive.

## **Model Resiliency**

The best way to teach resilience is to model it. We all encounter stressful situations. Use coping and calming strategies. Deep breathing can be an effective way to work through stress. Always label your emotions and talk through your problem-solving process.

## **Go Outside**

Exercise helps strengthen the brain and make it more resilient to stress and adversity. While team sports are the most popular method of consistent exercise for kids, all kids really need is time spent outdoors engaging in a physical activity. If team sports don't appeal to your child, encourage them or introduce them to bicycling, playing tag, or even just swinging at the playground. These are all great ways for kids to engage in free play that also builds resilience.

Resilience helps kids navigate the obstacles they encounter as they grow. It's not possible to avoid stress, but being resilient is one of the best ways to cope with it.

Mrs. Paton

*Talitha Roffel FINE ART*  
**ART CLASSES**  
FOR KIDS & TEENS!

Instructor: Talitha Roffel, BA  
Phone: 778-245-4907  
Email: talitha.roffel@gmail.com  
Location: Murrayville

## SPRING SESSION – PAINTING

**MONDAYS: MARCH 28 - JUNE 13, \$300 (EARLY REGISTRATION)\***

\*Early Registration rate available until midnight March 8th, \$325 after March 8th

\*Additional dates/classes TBD, email if interested

\*Day-time options available on Mondays for home-schooled students

\*No classes on Holidays (Easter Monday, Victoria Day)



**BEGINNERS & YOUNGER STUDENTS** – WILL WORK ON A VARIETY OF DRAWING SKILLS AND BE INTRODUCED TO SOME FUNDAMENTAL PAINTING SKILLS. STUDENTS IN THESE INTERACTIVE CLASSES WILL BE INTRODUCED TO COLOUR MIXING AND INSTRUCTED IN PAINTING TECHNIQUES. STUDENTS WILL ATTEMPT A VARIETY OF DRAWING & PAINTING TECHNIQUES IN A FUN AND RELAXED ATMOSPHERE, DESIGNED TO ENCOURAGE CONFIDENCE AND SKILL IN BEGINNING ARTISTS.

**EXPERIENCED & OLDER STUDENTS** – WILL BE CHALLENGED TO FURTHER DEVELOP THEIR FOUNDATIONAL ART SKILLS WITH A VARIETY OF DRAWING & PAINTING EXERCISES. THERE IS OPPORTUNITY TO INCORPORATE SUBJECT MATTER OF THEIR OWN CHOOSING, WITH GUIDANCE AND INSTRUCTION, AND THERE WILL BE A FINAL PAINTING PROJECT.

**Email [talitha.roffel@gmail.com](mailto:talitha.roffel@gmail.com) for more information and to inquire about available spots in classes. Please include student's name, age and art experience/interests.**



*Come as a Visitor, Leave as a Friend*

## HOMESTAY FAMILIES NEEDED

Have a life changing experience and welcome an international student into your home!  
Homestay families are provided **\$950/month** to offset costs!

### CATCHMENT AREA SCHOOLS:

Aldergrove Community Secondary  
Brookwood Secondary  
Langley Secondary  
Walnut Grove Secondary  
Langley Fine Arts Secondary  
Langley Fundamental Secondary  
R.E. Mountain Secondary  
D.W. Poppy Secondary

### HOW TO APPLY:

Please visit our International Student Program website (Homestay section): [www.studyinlangley.com](http://www.studyinlangley.com) and complete the online Homestay Application!

### FURTHER INFORMATION:

#### **Please contact:**

Langley School District  
International Students Program  
Tel: 604-534-7891

We are located at the  
Langley School Board Office  
4875 - 222 Street, Langley, BC